

DIOCESAN EXAMINATION IN VALUE EDUCATION

MANGALA JYOTHI, MANGALORE - 575 005

Date : 06-01-2024

Time : 2½ hrs.

STD : X

Marks : 80

Note : *Do not write your name in the answer paper. Write only the register number.*

I. Choose the correct answer from the bracket: 5x1=5

1. _____ means worship of single deity “brahma” but still recognize other gods and goddesses. (Monotheistic, polytheistic, henotheistic)
2. The sacred book of Judaism is _____. (Tanakh, Torah, Koran)
3. _____ was the only Indian to ever hold the office of Governor General when India became a republic. (Sardar Vallabhbhai Patel, C. Rajagopalachari, Syama Prasad Mookerjee)
4. _____ was known for political unification in India. (V. P Menon, Jawaharlal Nehru, Sardar Vallabhbhai Patel)
5. _____ is known as the ‘Father of Lok Sabha’. (Ganesh Vasudev Mavalankar, Dr. S Radhakrishnan, M. A. Ayyangar)

II. Fill in the Blanks: 5x1=5

1. Teamwork encourages the saying, ‘No man is an _____.’
2. Impossible becomes possible with _____ and _____.
3. _____ arises from lack of funds to meet various needs.
4. Self-awareness is one of the requirements for _____.
5. _____ is a mental or cognitive activity.

III. Answer the questions in ONE sentence each: 5x1=5

1. What is life skill?
2. Name the founder of ‘Bahishkrit Hitkarini Sabha’.
3. In the Hindu doctrines, what does samsara and karma mean?
4. Write any two values you learnt from the story of Madame Louise, daughter of King Louis XV.
5. What is team spirit?

IV. Answer any FIVE of the following in TWO or THREE sentences each: **5x2=10**

1. What are the problems caused by poor communication?
2. Name the kinds of stress humans face in daily life.
3. What are the insights we get it from the life of geese?
4. Explain the life skills which help the students pursuing higher education or employability.
5. Mention some of the characteristics of a creative thinker.
6. How can you express your gratitude to your teachers?

V. Answer any FIVE of the following in FIVE or SIX sentences each: **5x3=15**

1. Mention any six relaxing techniques to manage stress.
2. List out the methods used in time management.
3. What are the characteristics of self-reliant people?
4. State some tips to improve effective communication skills.
5. How can you build a good interpersonal relationship between you and your parents?
6. How do we manage our personal resources?

VI. Write the Preamble of our Constitution: **1x3=3**

VII. Explain in your own words any TWO of the following values with examples: **2x5=10**

(Identify the value from the given statements and explain with examples.)

1. “Discipline and focused awareness contribute to the act of creation”- John Poppy
2. “An honest man is the noblest work of God”- Alexander Pope
3. “Time will never wait for anyone”- Anonymous.

VIII. Read the passage and answer the questions that follow: **1x5=5**

1. When geese fly in formation, they travel about 70% faster than when they fly alone. Geese share leadership when the lead goose tires, it rotates back into the 'V' formation and another flies forward to become the leader. Geese keep company with the fallen. When a

sick or weak goose drops out of flight formation, atleast one other goose joins to help and protect by being part of the team.

- i. How is the value of compassion exhibited by the geese?**
- ii. What will you do for team management if you are a leader?**
- iii. How will you contribute to the team spirit in a team? Write down concrete contribution?**
- iv. What do you mean by positive leadership?**
- v. How can you practice team work at home and school?**

IX. Observe the picture and write a passage:

1x4=4



X. Give solutions to the following problems

3x6=18

1. A girl in Vinni's class makes fun of her almost every day in front of the other students. She laughs at her clothes and the way that she looks. Vinni gets along well with most of the children at school and tries hard to ignore Ishita's teasing, but many times she also gets angry with her. Yesterday, she saw Ishita's father picking her up from school, and heard her father yelling at her and scolding her. Vinni started to feel sorry for Ishita. The next day at school, Ishita makes fun of Vinni again.
 - a) **i) What should Vinni do? Should she stand up for herself or try to be kinder to Ishita?**
 - ii) Should she say something to Ishita about what she saw the day before, when her father picked her up from school, or should she keep this to herself?**

- b) **What will the other students think if Vinni does not defend herself by getting angry with Ishita? Give reasons.**
- c) **What would you do in Vinni's situation? Give two concrete suggestions.**
2. Ayush is not 15 years old yet. He is very good at sports and adventure activities. He is keen on trying out new things. He recently saw an advertisement on television that showed a boy performing high jump on a motor bike. Ayush was thrilled to see this and decided to imitate the same. Fortunately, one of his relatives overheard Ayush's plan, and forcefully stopped him.
- i. **Why did Ayush decide to take the plunge?**
 - ii. **What would you call this trait that Ayush has?**
 - iii. **What could have been probable consequences of the act?**
 - iv. **Is it common at this age to get influenced by what is seen in media?**
3. Salman used to study all the time, whether at school or at home. He always scored good marks. He did not have any other interest or hobbies. When he joined a new school in Class XI, he became friends with Akash and Mohan. Both were cricketers. Salman started to play cricket with them and discovered that he was a good spin bowler. His parents are now concerned that he is spending too much time on the playground, which may affect his studies. The parents are not saying anything to Salman but he can feel their concern.
- i. **Give reasons to prove that Salman's parents are justified in being concerned about his new hobby?**
 - ii. **Do you think Akash and Mohan are good influences on Salman? Why?**
 - iii. **If you were Salman, would you like to discuss this issue with your parents and how?**